

ATTENTION MEMBERS!



ISLAND

Health & Fitness

in partnership with Cayuga Medical Center

February 12th–18th
Associate members
enroll for just \$10.00!

Associate member:

Must be a Spouse, Child or live in the same residence to qualify.

Offer valid 02/12/2018–02/18/2018

Primary member is required for associate add on.



Cayuga

WELLNESS CENTER

A Collaborative Partner of Cayuga Medical Center



CAYUGA CENTER
FOR HEALTHY
LIVING



ISLAND
HEALTH &
FITNESS



PHYSICAL
THERAPY



RASA SPA



SPORTS
MEDICINE