

ISLAND BARRE

Series Starts April 26th

COMMUNITY CORNERS



This 55 minute ballet barre class targets all areas of the body using small isometric movements to help increase flexibility, balance and muscle tone.

Wednesday-4:30pm

Friday-12:00pm

MEMBER: \$32

NON-MEMBER: \$48

DROP IN RATE

MEMBER: \$10/NON-MEMBER: \$15



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