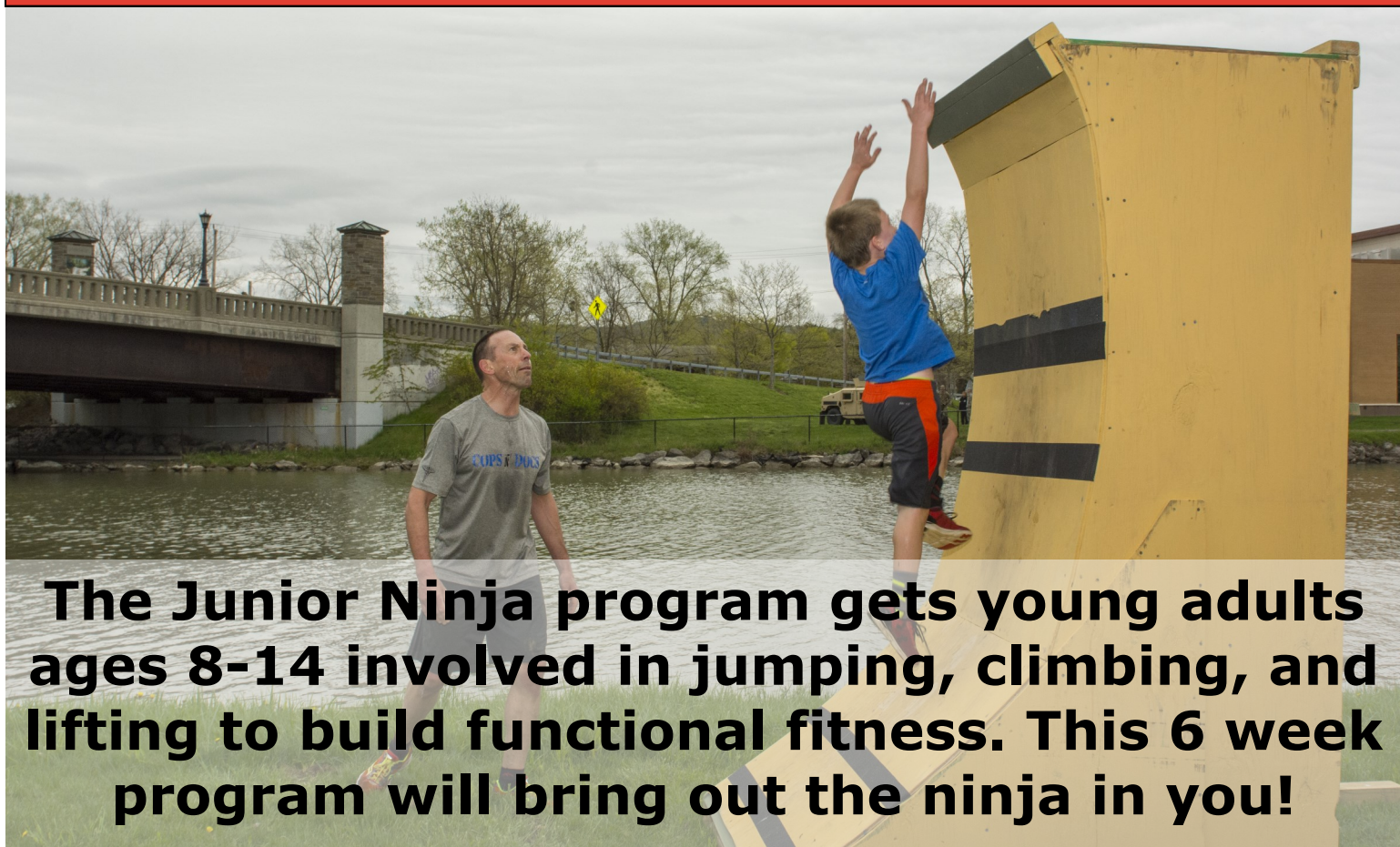


Junior Ninja

Climbing over walls is what we do!



The Junior Ninja program gets young adults ages 8-14 involved in jumping, climbing, and lifting to build functional fitness. This 6 week program will bring out the ninja in you!

Program Starts January 24th

For more information email Dillon Shaffer at dillonshaffer500@gmail.com!

Wednesday and Friday

4:30pm-5:30pm

cost: \$150 per 6 week series



A Collaborative Partner of Cayuga Medical Center

