

Swim Mastery

Late Summer Level 2 Class

Total Immersion™ Level 2

8 week program

Member: \$160

Non-Member: \$180

Tuesday Nights 7:00pm-8:30pm

Starts August 8th

Intermediate/Advanced – Advanced aspects of efficient endurance swimming technique.
Prerequisites: completion of Level 1 or approval from Shane



For more information contact Shane Eversfield:

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