

# Swim Mastery

## February Level 1 Class



### **Total Immersion™ Swim Mastery Level 1**

8 week program  
Member: \$160;  
Non-Member: \$180

**Monday Evenings**  
**7:00pm-8:30pm**  
Starts February 4th

Learn to swim freestyle in a relaxed environment and warm pool. Emphasis on efficiency, sustainability and enjoyment.

Taught by Total Immersion™ Master Coach Shane Eversfield.

For more information contact Shane Eversfield:

**[Shane.eversfield@gmail.com](mailto:Shane.eversfield@gmail.com)**

**Sign-up today at the Front Desk!**