

Swim Mastery

January Level 2 Class



Total Immersion™ **Swim Mastery Level 2**

8 week program

Member: \$160; Non-Member: \$180

Tuesday Evenings 7:00pm-8:30pm

Starts January 2nd

Intermediate/Advanced –
Advanced aspects of efficient
endurance swimming technique.

Prerequisites: completion of
Level 1 or approval from Shane

Taught by Total Immersion™
Master Coach Shane Eversfield.

Sign-up today at the Front Desk!



For more information contact Shane Eversfield:

Shane.eversfield@gmail.com

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