

Swim Mastery

January Level 1 Class



Total Immersion™ Swim Mastery Level 1

8 week program
Member: \$160;
Non-Member: \$180

Tuesday Evenings
6:30pm-8:00pm
Starts January 8th

Learn to swim freestyle in a relaxed environment and warm pool. Emphasis on efficiency, sustainability and enjoyment.

Taught by Total Immersion™ Master Coach Shane Eversfield.

For more information contact Shane Eversfield:

Shane.eversfield@gmail.com

Sign-up today at the Front Desk!