

Swim Mastery

July Level 1 Class



Total Immersion™ Swim Mastery Level 1

8 week program
Member: \$160; Non-Member: \$180

Thursday Evenings
6:30pm-8:00pm
Starts July 12th

Learn to swim freestyle in a relaxed environment and warm pool. Emphasis on efficiency, sustainability and enjoyment.

Taught by Total Immersion™ Master Coach Shane Eversfield.

Sign-up today at the Front Desk!



For more information contact Shane Eversfield:

Shane.eversfield@gmail.com

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