

# INSTRUCTORS WANTED

Do you **love** RPM, BODYPUMP, BODYSTEP, BODYATTACK, BODYCOMBAT, BODYVIVE, OR BODYFLOW?

If you have a passion for the program and a desire to help others, becoming a Les Mills instructor might be the next step for you. We want to grow our Les Mills instructor team at Island Health & Fitness.

**Are you ready to join us?**

## What it takes to join our team:

- Connect with our Group Fitness Coordinator
  - Sign up for Initial Training
  - Prepare for Assessment
  - Get certified

## Why teach Les Mills for Island Health & Fitness?

- Top notch training that will teach you how to lead safe and effective workouts.
  - Free membership to both locations!
  - Free childcare while you teach.
- Financial support for professional development.

**Let's do this! For more information contact:**

**Monica Van Fleet,**  
**Group Fitness Coordinator**  
**[mvanfleet@islandhealthfitness.com](mailto:mvanfleet@islandhealthfitness.com)**

**WWW.ISLANDHEALTHFITNESS.COM**