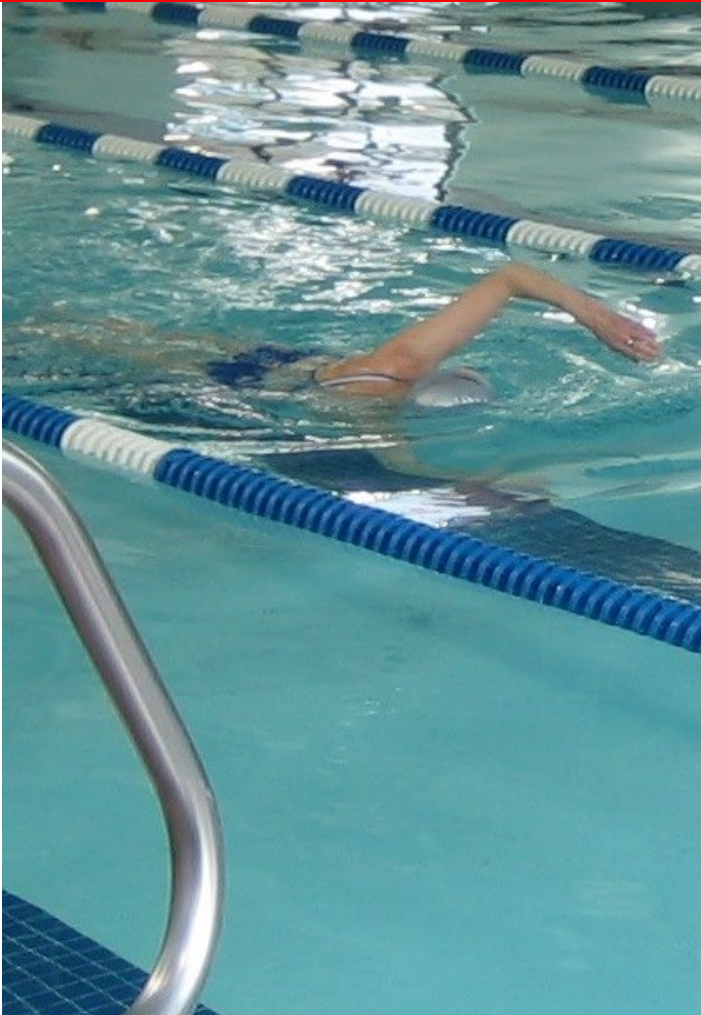


# Learn To Swim



**Class Starts  
June 2nd**

**Thursdays • 5–6pm**

Emily Blair leads **4 week** beginner swim lessons for adults with little or no swimming experience. Classes focus on learning and improving the fundamental swim strokes including front crawl (freestyle), back crawl and breaststroke. Small class size allows for ample individual instruction and focus.

## **Program Cost**

**MEMBER: \$65/NON-MEMBER: \$85**

**Sign-up at Front Desk**



*in partnership with Cayuga Medical Center*

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