





















FEBRUARY 2022

# CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 a.m.	 <b>BUILD</b>	 <b>BURN</b>	 <b>BREATHE</b>		 <b>BUILD</b>	
9:30 a.m.						 <b>BUILD</b>
NOON	 <b>BUILD</b>	 <b>BURN</b>	 <b>BREATHE</b>		 <b>BUILD</b>	
5:30 p.m.	 <b>BUILD</b>	 <b>BURN</b>	 <b>BUILD</b>	 <b>BURN</b>	 <b>BREATHE</b>	
7:00 p.m.	 <b>BURN</b>	 <b>BUILD</b>	 <b>BREATHE</b>	 <b>BUILD</b>		